

Date: 04/05/2012

From

Smitha Kashi

Bangalore

To

Ms .M C Pankaja

Prasanna Counselling Centre,

Ajita Sri, Bull Temple Road,

Bangalore.

Dear Madam,

I want to take this opportunity to thank you for hosting my internship over the last four months at Prasanna Counselling Centre. The supervision I received from you was invaluable without which it would not have been feasible for me to comprehend the nuances and technicalities of the subject matter related to Guidance and Counselling.

Working with you has taught me more about counselling and has given me adequate practical experience I had hoped to obtain. Your depth of knowledge, rich experience and the varied cases at the centre provided a learning environment that was both exciting and challenging.

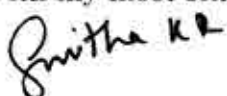
Monthly case review meetings, which all the counsellors of the centre attended, provided the opportunity to seek feedback regarding the techniques used in the individual sessions. The presented cases for review were discussed and valuable insights were given regarding various approaches that might be effective. This was invaluable.

The Internship, in this counselling environment, was a most effective conclusion to my Post graduate program in Guidance and Counselling. As I move forward in my professional endeavour, I will take with me all that I have learnt under your guidance.

I would also like to thank the coordinators and all the counsellors of the centre for all their help and support.

I will miss the wonderful relationship I have formed with the centre and its people over the last few months, and I will be more than thrilled to find myself in your company once again.

With my most sincere thanks,



Smitha Kashi